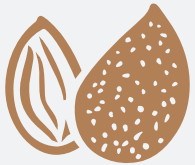
PENTA
NUX



sweet & creamy almonds


finest taste
finest flavour
PENTA NUX
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The name Pentanux derives from the name of the almond variety Penta and the Latin word nux which means nut.

Pentanux stands also for an **innovative agricultural project** using **sustainable production** methods in Toro (Spain) on the Douro river.

That includes:

- Drop irrigation systems to minimize water consumption.
- Bee hotels for solitary bees and other beneficial insects as well as bumblebees to increase the level of pollination.
- No use of insecticides or herbicides.
- Producing our own compost usingorganic waste from the plantation (leaves, green shells and pruning waste).
- Using microorganisms to activate soil life.





The Variety Penta

Variety Penta: sweet & creamy notes, smooth without any bitter after taste. The next generation of Spanish gourmet almonds.

This variety is perfect for: ahealthy snack, a glass of wine, upgrading a cheese table or together with serrano ham and cold cuts. For salads to give them a crunchy bite, for traditional cold soups, for stews, and a lot of over dishes as well as deserts and pastries. Not to forget, breakfast with cereals!

The Pentanux almonds are cultivated on the fertile flood plains of Toro, on the Douro river. The altitude isapprox. 700 metersabove sea level and a local microclimate makes it an ideal place to cultivate this type of variety. After harvesting the almonds are dried naturally throughout months to obtain its finest flavours

Variety: Penta

Characteristics: small kernels with sweet & creamy notes

Storage Conditions: Store in a cool, dry place, protected from the sun.

Format:

90 g Sachet	1 box contains 4 dispenser boxes of 12 sachets of 90 g, total 48 sachets
500 g Bag	1 box contains 6 bags of 500 g
1 kg Bag	1 box contains 6 bags of 1 kg

Minimum order is 1 box

The Perfect Example of Spanish Quality and Flavor.

Defining Spanish gastronomy and the Mediterranean diet without Almonds isu nthinkable, from humble dishes to the most sophisticated Michelin star creations as well as a huge variety of pastries and sweets.

Almonds are an integral part of the healthy Mediterranean lifestyle.

Centuries of tradition have provided centuries of farmers in Spain with the experience and knowledge to produce superior quality almonds.

They have always been our source of our pride, but now we want to share them with the world. And that is why we created Pentanux.

PENTA NUX



Almond Health Benefits

It is well known that natural almonds are good for the health, some people consider it even as a superfood.

Almonds are a very complete nutrient, the main health benefits of are:

- A great source of fibre and protein, vitamin E, selenium, zinc, calcium, magnesium and B vitamins, especially folate and biotin (vitamin B7).
- Full of unsaturated fatty acids, which help to reduce the bad cholesterol level and therefore reduces the risk of heart diseases
- Loaded with antioxidants
- Consumed as a snack reduces hunger immediately and thereforereduces the risk of weight gain
- Good for the brain and boosting memory power
- The are various health organisations which recommend a daily consumption of almonds somewhere between 20-40g.

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